

Sample Gear List for Lightweight Backpacking with Kids, by Ryan Jordan (<http://www.backpackinglight.com>)

COMMENTS: This gear list was used on a two-day (weekend) backpacking trip to a 7,000-foot sub-alpine lake in Montana in October, 2003. Participants included Ryan (Dad), Chase (5-year-old son), and Maia (an 11-month old unspayed female lab, in heat). Daytime highs were in the upper fifties and our nighttime low temperature was 25, with an overnight snowstorm that continued throughout the second day and brought several inches of snow. The only thing we'd do differently: Dad would have brought a warmer sleeping bag and we both would have brought some warm, shelled mittens. Before the storm (1st day), temperatures were mild and we enjoyed some time around a small campfire in the evening. Because of the storm, we spent a lot of time in the tent on the second day. So, given the conditions and level of activity, we found that our clothing was adequate. Had we spent more than a few hours' hiking on the second day in the snow and blizzard, I would have wanted waterproof boots and gaiters for Chase. Fortunately, the hike was short and the heater in the car was not more than a few hours' away.

	Ryan's Stuff (and others)	wt oz	Chase's Stuff (Carried by Ryan)	wt oz	Chase's Stuff (Carried by Chase)	wt oz	Maia's Stuff (Carried by Maia)	
	Total weight in pack (lbs):	18.42	Total weight in pack (lbs):	6.57	Total weight in pack (lbs):	2.52	Total weight in pack (lbs):	4.75
BIG ITEMS:								
pack	granite gear ozone	49.00			camelbak skeeter	3.75	dog pack	32.00
stow bags	misc silnylon	4.00	misc silnylon	3.00				
sleeping pad	ridge rest torso size	5.00	mt wash torso size	4.00			trimmed z-rest	5.00
sleeping bag	sierra designs moonlight	23.00	integral designs assiniboine	29.00				
single wall tent	id mk1xl w/vestibule	70.00						
tent stakes	10 hi-vis ti stakes	2.30						
guylines	triptease	0.50						
WORN / CARRIED:								
underwear	spandex short tights				cotton undies			
hiking pants	arcteryx gamma lt				gramicci supplex pants			
hiking shirt	smartwool aero				patagonia lightweight capilene			
sun hat	tilley lt				fleece lined supplex			
hiking socks	smartwool light hiking				smartwool hiking			
hiking shoes	brasher supalite gtx				new balance 803's			
sunglasses	plastic frame and lens				plastic frame and lens			
whistle	small whistle, photon (around neck)				elkhorn whistle (around neck)			
watch	suunto s6 alti / compass / watch				(none)			
CLOTHING CARRIED:								
base layer top	(worn)		(worn)					
base layer bottoms	(none)		lightweight capilene	3.05				
wind shirt	montane aero	2.50	uncoated nylon windbreaker	4.00				
rain shell	golite ether	3.00	silnylon poncho	2.00				
wind pants	(worn)		(worn)					
warmth jacket	montbell down sweater	8.00	300 wt pile jacket	8.00				
warm pants	(none)		300 wt fleece pants	8.35				
extra socks	(none)		extra wool socks	1.20				
liner gloves	smartwool liners	2.00	polypro glove liners	1.00				
warm gloves	(none)		(none)					
shell gloves	(none)		(none)					
hat	100 wt fleece beanie	1.50	200 wt fleece balaclava	1.45				
COOKING GEAR:								
stove	snowpeak gigapower ti	2.50						
windscreen	(none)							
fuel bottle	small fuel canister	3.50						
lighter	bic lighter	1.00						
cookpot	1L evolution pot w/foil lid, lifter	6.25						
mug	small ti	1.20	small ti	1.20			dog bowl	3.00
spork	lexan spork	0.40	lexan spork	0.40				
WATER:								
treatment	aqua mira kit	1.10						
bottle 1	platy 1L bottle	1.00	1L hydration bladder	2.50	1L hydration bladder	2.50		
bottle 2	3L platy zip	2.50						
MISCELLANY:								
tp	blue shop towels	0.50						
purell	small bottle	1.00						
light	bd ion	1.10						
compass	(worn)							
map	usfs map	1.50						
first aid	small wound kit	1.50						
firestarting	butane torch, storm matches	2.50						
phone	cell phone in aloksak	5.00						
camera	olympus stylus 400 in aloksak	7.00						
toys			toy excavator, dump truck	4.00			retriever dummy	8.00
story books	2 oz backpacker	2.50	dinosaur book	6.00				
journal and pen	small pad, pencil	2.00	small pad, pencil	2.00	small pad, pencil	2.00		
DOG STUFF:								
dog leash							11mm braided lead, 12'	4.00
e-collar							e-collar / receiver (worn)	
e-transmitter	e-transmitter	8.00						
CONSUMABLES:								
food	dinner, breakfast, two lunches	36.00	dinner, breakfast, two lunches	24.00			dog food, in aloksak	24.00
water	one liter	32.00			one liter	32.00		
fuel	small fuel canister	3.80						