

		who carries	amy's weight	jim's weight
NUMBER OF DAYS		9.3		
BINOCS				
Jim's binoculars	23.7	wear		
Amy's binoculars	23.4	wear		
PACKS				
Jim's pack (Dana Designs Bridger, left the lid piece at home)	58.1	no		
Amy's pack (Dana Designs Bridger, left the lid piece at home)	57.6	no		
Jim's pack (ULA)	29.0	jim		29.0
Amy's pack (ULA)	29.0	amy	29.0	
SLEEPING RELATED				
tent, TNF Lightspeed Long (no stuff sacks) w/ 3 Al angle stakes	63.7	jim		63.7
3/4 length thin thermarest (jim)	15.8	jim		15.8
3/4 length thin thermarest (amy)	15.8	amy	15.8	
ensolite 19" x 43" + another 19x19"	8.0	amy	8.0	
sleeping bag w/stuffsack (nunatak customized BCB)	33.0	amy	33.0	
COOKING RELATED				
Primus stove, bandana, windscreen		no		
small pot & lid		no		
7.7 oz fuel plus canister (1/2 oz to boil one quart of water)		no		
SWA inline filter and drinking tube	4.8	no		
1 liter Platypus bottles	1.1	amy	1.1	
1 liter Platypus bottles	1.1	jim		1.1
one 2.5 liter Platypus bottles	1.2	amy	1.2	
2 #5 one-pint plastic containers w/ one lid	2.0	jim		2.0
TOILETRY KIT				
poop shovel	2.0	jim		2.0
7 packs of tissues (3/4 pack per day if Kleenex brand, 1 pack/day if Rite Aid)	5.4	amy	5.4	
lighter + matches + 3 packs tissues + Body Glide + 16 Sterilizing towlettes	5.8	jim		5.8
EASY ACCESS DITTY BAG				
Avocet altimeter watch	1.0	amy	1.0	
chapstick	0.3	amy	0.3	
1 bandana or microfiber towel	0.9	amy	0.9	
tiny swiss army knife	0.7	jim		0.7
AquaMira water treatment	1.5	jim		1.5
Povodine Iodine solution & bottle (one eyedrops bottle size last 20+ days)	0.6	jim		0.6
soap	0.9	jim		0.9
toothbrush & cover	0.6	jim		0.6
toothpaste (.75 once travel size good for ~12 days)	1.1	jim		1.1
1 spoon	0.1	jim		
pills	0.1	jim		0.1
comb	0.4	jim		0.4
advil (6 per day) + asperin (4 per day) + pepto (3 per day) + vitamin (1 per day)_	2.9	jim		2.9
yellow microlight w/ short cord tied to whistle. White microlight w/ neck cord	0.7	jim		0.7
sunscreen (.33 oz per day for Jim & Amy)	3.7	jim		3.7

RARELY USED DITTY BAG			
money, credit cards, medical insurance cards	2.0	amy	2.0
5' cord (why? Never use it)	0.1	amy	0.1
matches	1.0	amy	1.0
uncle Bill's sliver gripper tweezers	0.2	amy	0.2
antibiotics (Cipro, Penicillin, Erithromycin)	0.8	amy	0.8
narcotics (vicoden, six tablets)	0.4	amy	0.4
Imodium (for diahreah, 12 tablets)	0.4	amy	0.4
Benedril antihistamine (bee stings, poison oak, hayfever)	0.1	amy	0.1
small compass	0.7	amy	0.7
ripstop repair tape & duct tape	0.6	amy	0.6
fanny pack	3.0	amy	3.0
3 extra hair ties	0.1	amy	0.1
sewing kit	0.1	amy	0.1
bandaids & gauze	0.3	amy	0.3
dental floss	0.2	amy	0.2
adhesive tape	0.5	amy	0.5
moleskin (1 piece)	0.2	amy	0.2
MISC GROUP STUFF			
maps - copy relevant sections to 8.5 x 1, trip/bird data on back, pencil	1.7	amy	1.7
Plastic pack liner bag (trash compactor bags)	2.9	jim	2.9
Plastic pack liner bag (trash compactor bags)	2.9	amy	2.9
Jim's sunglasses	1.4	jim	1.4
amy's sunglasses	1.5	amy	1.5
VARIABLE			
steroid ointment for poison ivy (.5 oz)			
Prednisone (6 on day 1, then drop by 1 each day)			
Opcon eyedrops			
lotion/vaseline			
tampons	0.4	amy	0.4
more platy water bottles			
camera + one roll film (8 oz)			
3 extra rolls film (3 oz)			
100 feet rope, 50 feet sling, 7 rappel ring, seat harness, 2 beiners (82 oz)			
bug juice	1.3	no	
food hanging cable	4.2	amy	4.2

