Context:

Location	Border Route Trail and SHT, MN
Time of Year	Middle of May, 2006
Elevation	2000 ft

Expected Conditions:

Low Temperature Range	Thirties
High Temperature Range	Seventies
Precipitation	lots of rain

Comments:

I will start on the SHT in Grand Marais going north with Becca. Becca will leave the trail at Judge CR Magney State Park and I will continue on connecting in with the Border Route trail to the end of the Gunflint Trail. Total mileage 110 miles.

Weight:

	Lbs
Base Weight	8 lb 13.6 oz
Consumables	9 lb 15.5 oz
Initial Pack Weight	18 lb 13.1 oz
Worn or Carried	4 lb 6.0 oz
Full Skin-Out Weight	23 lb 3.1 oz

Select options:

Measurement unit	Ounces
Total Weight in Decimals?	No

Worn	Packing Systems	Ounces
	Starlite from Six Moon Designs	23.0
	Shelter Systems	
	Oware Cat Tarp and guylines	8.5
	10 BMW Lazr Titanium Tent Stakes	2.4
	Sleeping Systems	
	Nunatak Quantum Sleeping Bag	17.5
	Ridgerest Short	8.5
	Bozeman Mtworks Bivy Sack	6.5

Worn	Clothing Systems	Ounces
	Micropore Rain Jacket	6.5
	Golite Reed Rain Pants	4.0
	BMW Cocoon Insulating Jacket	8.0
	Teko Ultralight merino wool crew socks	2.4
x	Teko light synthetic socks	2.5
	Fleece Hat	2.0
	Ibex Merino Wool Top Base Layer	6.0
	Ibex Merino Wool Bottom Base Layer	5.0
x	Montane Aero Windshirt	3.0
x	Montrail Vitesse II Shoes	27.0
x	REI nylon convertible pants	12.0
x	IceBreaker Merino Wool T-Shirt	6.0
x	synthetic boxers	3.5
x	Outdoor Research Seattle Sombrero Wide Brim hat	3.5
	Possum Down Gloves	1.4
	Integral Designs Event Shortie Gaiter	2.5

	Survival/Other	
	First Aid Kit (w/ Firestarting Kit, Whistle)	3.5
	Map	2.0
	Small Reading Book	3.3
	4 books of matches	0.5
	Micro Swiss Army Knife	0.8
	Bathroom Kit (with TP, contact solution, toothbrush)	3.0
	Canon S70 w/o carrying case	10.0
	Bear/Food Hanging Kit from BMW (sack, rope, etc.)	2.3
	Photon Freedom (Doug Ritter) Micro MKII	0.5
	License	0.5
x	HighGear Altitech Watch/Compass/Altimeter	2.5
	Sportslick	1.0
	sunscreen	1.0
x	Komperdell Duolock Carbon Trekking Poles	10.0

	Cooking/Hydration	
	MSR Pocket Rocket stove	4.0
	Long Handled Titanium Spoon	0.5
	Snow Peak Titanium Mug Single 600	3.0
	Aquamira	1.5
	foil lid	0.1

Consumables		Quantity	Subtotal
Nalgene Cantene w/ half a liter water (avg.)	19.5		19.5
MSR IsoPro Small Fuel	8.0		8.0
1 day of food	22.0	6.0	132.0