

Paul's Gear List - PCT Section H 2008					
14 days/14 nights from Toulomne to Whitney Portal, 212 miles, July 12-27, 2008, highs in 80s, lows in 40s					
Comments: Trip with Ray, Jim and Jeff					
		Total in pack	Total wear / carry	Total consume	Grand total
item	description / notes / rationale	10.1	3.8	12.7	26.6
PACK - SHELTER - SLEEPING					
sleeping bag	Montbell Super Stretch 30 degree	19.0			
sleeping bag sack	GG Stowlight (Size: Medium)	0.6			
shelter	GG The One (Seam sealed)	17.0			
shelter support (poles, etc.)	GG Lightrek 115 cm		6.5		
shelter sack	GG Stowlight (Size: Small)	0.3			
shelter stakes	4 Tri-Lite and 2 Easton Blue (6)	1.6			
shelter stake bag	Bubble wrap	0.2			
ground sheet	GG polypro medium	1.6			
pack	GG Miniposa - Medium	17.2			
Inner pack liner	Mylar turkey bag	1.3			
outer pack cover	GG Pack cover	2.1			
sleeping pad	GG Nightlight Sleeping Pad (Torso)	3.3			
hip pocket	GG hip pocket (small)	0.6			
sit pad	GG Sitlight	1.0			
	TOTAL Pack-Shelter-Sleeping (lbs)	4.1	0.4	0.0	0.0
CLOTHING					
base / wicking layer top	Railrider Hiking shirt		6.3		
base / wicking layer bottom	Columbia Aruba Zip Offs		10.4		
insulating top	Moreno Wool Turtle neck	7.8			
insulating outer layer	Montbell UL Inner Jacket	6.3			
raingear (hard shell) top	O2 Rainwear Yellow	5.8			
raingear (hard shell) bottoms	Rik's rain chaps and skirt	3.3			
sleeping top	Use Wool shirt	0.0			
sleeping bottoms	Silk	3.5			
warm gloves	Possumdown	1.3			
warm hat	OR Ninjaclava	1.8			
sun hat	Saturday Hat		2.6		
neck protection	Collibar Black Bandanna		1.1		
hand protection	Coolibar fingerless gloves		0.8		
liner socks	Ironman triathlete ultralite		1.2		
spare hiking socks	Ironman triathlete ultralite	1.2			
sleeping socks	REI wool	1.8			
hiking shoes	New Balance 485 size 8.5		28.5		
gaiters	Dirty Girl		1.0		
clothing stuff sack/pillow	GG Stowlight (Size: small)	0.3			
	TOTAL Clothing (lbs)	2.1	3.2	0.0	0.0
COOKING - WATER					
utensils	Spork w/ cut handle	0.4			
food storage bag	Rik's Silnylon design	0.5			
bear bag hang system	Rik's bear system w/ bag/spectra/carabiner	0.2			
water storage	Platypus 1 liter platy w/ cap	0.8			
water storage	Platypus 2 liter platy w/ cap	1.3			
hydration	Platy drinking tube	2.5			
bear canister	Wild Ideas Weekender	31.0			
water treatment	Aquamira	0.5			
	TOTAL: Cooking-Water (lbs)	2.3	0.0	0.0	0.0
MISCELLANEOUS ITEMS					
flashlight / headlamp / whistle	Fenix LOD	1.0			
headnet	Simblissity	0.5			
bug dope	lemon grass & Ultrathon	0.3			
sunscreen	REI Sunscreen	1.0			
lip balm	Burts Bees	0.3			
lotion	Hand lotion - Aquaphor Tube	0.5			
toothbrush	Sturgeon w/ cut handle	0.3			
toothpaste	Tom's Paste in bottle	0.1			
floss picks		0.1			
sack for personal items	Cuben fiber	0.1			
first Aid	bandaids, meds, etc	1.5			
utilities kit	duct tp/tweeze/glue stick/safet pin/ knife	1.3			
sunglasses on cord	Sporteyes		0.4		
watch	HighGear Teardrop		1.0		
watch carabener	Sample	0.1			
camera w/ 3 spare batteries	Olympus Stylus 790SW	6.5			
camera bag	Use Hip pocket	0.0			
self picture device	Stick Pick	0.3			
entertainment	iPod Shuffle	0.9			
earplugs		0.0			
wallet	\$\$, Calif DL, VISA		1.0		
fishing gear	Rik's Tic Tac	0.8			
business cards	GG & UL	0.8			
book	book	6.1			
maps and permits	plastic bag w/ PCT Harrison Map set	3.7			
	TOTAL Misc Items (lbs)	1.6	0.2	0.0	0.0
CONSUMABLES					
food	max 7 days at 1.5 lbs			168.0	
water	2 L average carried max.			32.0	
toilet paper	Toilet paper on roll in plastic bag w/ Purell			3.0	
	TOTAL Consumables			12.7	