

Mark's Backpacking Gear List - 3 Night

Packing	Ounces	Pounds	Current
Backpack	13.3		ULA Amp
Stuff Sacks	0.8		MLD Spectralite (3) (3 add'l included in food weight)
Pack liner bag	1.3		GG plastic bag
Packing Total	15.4	0.96	
Shelter - Sleeping	Ounces	Pounds	Current
Shelter, guy line, stuff sack	11.6		SMD GateWood Cape
Bug Shelter	7.3		SMD Serenity - Bug shelter
Ground cover	1.7		GG Polycryo sheet - 40" x 96"
Ti Stakes	2.2		MLD Ti stakes (6) + 1 nail stake
Sleeping quilt / bag	19.1		GoLite Ultra 20 Quilt
Sleeping bag stuff sack	0.0		OR HydroSeal 1.8
Pad	3.0		GG Nightlight Torso Pad
Sit Pad	2.1		GG Thin Light Insulation Pad 1/8"
Inflatable Pillow	0.6		BMW inflatable pillow
Sleeping / Shelter Total	47.6	2.98	
Cooking and Hydration	Ounces	Pounds	Current
Stove, cone windscreen, 1 cozy & lid, stuff sack	5.0		Caldera Cone Cookset & Alcohol Stove
Cook pot	3.4		MSR Titan Tea kettle (less lid)
Spork	0.3		BPL Spork
Cleaning towel	0.5		Small pack towel - cut down
Lighter	0.4		Mini Bic
Water storage	1.5		Platapus-3L
Water bottle	0.8		PET
Cooking Items Total	11.9	0.74	
Personal Gear	Ounces	Pounds	Current
First Aid Kit	2.6		Moleskin, Ibuprofen, Tape, Gauze
Headlamp	0.4		Photon Freedom Micro w/ hat clip
Water purification + collection bag	1.0		Aqua Mira in BMW micro droppers
Body Soap	0.5		Bronner's in BMW mini dropper
Bug repellent	0.1		Deet in BMW microdropper
Compass	0.4		Suunto mini w/ thermometer
Bear spray	0.0		Counter Assault 9.7 oz.
Sunscreen	0.1		Packed in mini dropper
Repair Kit	1.4		Thread, needle, safety pins, razor, electrical tie
Toiletries	1.2		Toothbrush & paste, floss, deod.
TP	1.1		TP & ziplock bag
Camera	6.7		Canon SD 870 IS 8MP 2GB card w/pouch
Food / bear hanging line	1.1		AntiGravityGear TreeLine - 40' spectra
Personal Items Total	16.6	1.04	
Clothing (Packed)	Ounces	Pounds	Current
Rain Jacket	0.0		OR Zealot 7.7 (take only when necessary otherwise use Cape)
Rain Pants	0.0		ULA Rain Wrap 3.0 (take only when necessary otherwise use Cape)
Gloves	1.0		Mountain Laurel Designs - rain mitts
Head Scarf -sun/bug protection	0.8		Homemade - attaches to hat for bug protection
Insulated Jacket	9.3		BMW Hoody
Beanie Hat	0.8		OR Fleece Beanie
Bandana	0.5		Cotton
Wind shirt	2.9		Montane Jetstream
Fleece shirt	8.4		Homemade - Light weight microfleece
Underwear	2.8		IceBreaker Briefs 150
Lightweight pants	7.1		Supplex nylon (homemade)
Socks (1 extra pair)	2.3		Smartwool calf length wool sock
Clothing (packed) Total	35.9	2.24	
Consumables	Ounces	Pounds	Current
Fuel (alcohol)	4.0		denatured alcohol
Water	36.0		carry ~1.0L
Food - 24 oz per day	72.0		3 days
Consumables Total	112.0	7.00	

