

Category	Item	Quantity	Weight (oz)	Weight (g)	Weights (pds)	Weight (kg)
<b>Clothing Worn</b>						
Clothing - Underwear	Terramar Boxers	1	3.00	85.05	3 oz	0.1
Clothing - Socks	WrightSock Double-layer	1	3.00	85.05	3 oz	0.1
Clothing - Long Pants	TNF Meridian Pants	1	11.00	311.84	11 oz	0.3
Clothing - Shirts	Duofold long sleeve	1	9.00	255.15	9 oz	0.3
Clothing - Hats	MH Cap	1	2.00	56.70	2 oz	0.1
Clothing - Insulation	MH Windstopper Jacket	1	26.00	737.09	1 lb 10 oz	0.7
Clothing - Gloves	MH Gravity Gloves	1	2.00	56.70	2 oz	0.1
Footwear	Asolo Low Hikers	1	48.00	1360.78	3 lb 0 oz	1.4
		<b>Subtotal</b>	<b>104.00</b>	<b>2948.35</b>	<b>6 lb 8 oz</b>	<b>2.9</b>
<b>Other Items Worn / Carried</b>						
Sunglasses	Costa del Mar w/ case	1	5.00	141.75	5 oz	0.1
Trekking Poles	Black Diamond Switchback		20.00	566.99	1 lb 4 oz	0.6
					0 oz	
		<b>Subtotal</b>	<b>25.00</b>	<b>708.74</b>	<b>1 lb 9 oz</b>	<b>0.7</b>
<b>Clothing Packed</b>						
Clothing - Hats	OR Fleece Cap	1	2.00	56.70	2 oz	0.1
Clothing - Insulation	PowerStretch Bottom	1	9.00	255.15	9 oz	0.3
Clothing - Insulation	PowerStretch Top	1	10.00	283.50	10 oz	0.3
Clothing - Insulation	PowerStretch Socks	1	2.00	56.70	2 oz	0.1
Clothing - Rain Gear	Golite Virga Jacket and Reed Pants	1	14.00	396.89	14 oz	0.4
Stuff Sacks	Granite Gear DriLite Med	1	4.00	113.40	4 oz	0.1
					0 oz	
					0 oz	
		<b>Subtotal</b>	<b>41.00</b>	<b>1162.33</b>	<b>2 lb 9 oz</b>	<b>1.2</b>
<b>Shelter and Sleeping</b>						
Shelters	REI Quarter Dome Tent	1	67.00	1899.42	4 lb 3 oz	1.9
Sleeping Bags	WM Megalight w/ GG DriLite (sm)	1	31.00	878.83	1 lb 15 oz	0.9
Sleeping Pads	InsulMat Full	1	21.00	595.34	1 lb 5 oz	0.6
Miscellaneous	Space Blanket (full)	0.5	6.00	170.10	6 oz	0.2
					0 oz	
					0 oz	
		<b>Subtotal</b>	<b>125.00</b>	<b>3543.69</b>	<b>7 lb 13 oz</b>	<b>3.5</b>
<b>Packing</b>						
Backpacks	Osprey Atmos 50	1	51.00	1445.83	3 lb 3 oz	1.4
Backpacks	Sylnylon Rain Cover	1	5.00	141.75	5 oz	0.1
					0 oz	
					0 oz	
		<b>Subtotal</b>	<b>56.00</b>	<b>1587.57</b>	<b>3 lb 8 oz</b>	<b>1.6</b>
<b>Cooking and Water</b>						
Cookware	Kitchen Bag	1	24.00	680.39	1 lb 8 oz	0.7
Water Bottles	Camelbak Hydration Bladder	1	8.00	226.80	8 oz	0.2
Water Bottles	Camelbak Hydration Sleeve	1	4.00	113.40	4 oz	0.1
					0 oz	
					0 oz	
					0 oz	
		<b>Subtotal</b>	<b>36.00</b>	<b>1020.58</b>	<b>2 lb 4 oz</b>	<b>1.0</b>
<b>Other Essentials</b>						

Miscellaneous	Fire Starters	1	0.50	14.17	1 oz	0.0
Toiletries & Personal Care	PackTowel & Soap	1	5.00	141.75	5 oz	0.1
Toiletries & Personal Care	Paper Towels/TP	1	1.00	28.35	1 oz	0.0
Toiletries & Personal Care	Toothbrush/Paste/Mouthwash	1	3.00	85.05	3 oz	0.1
Toiletries & Personal Care	Wipes (per bag)	0.25	5.25	148.83	5 oz	0.1
First Aide	Emergency Bag	1	7.00	198.45	7 oz	0.2
Miscellaneous	30' Rope w/ tree straps	1	2.00	56.70	2 oz	0.1
Lights	Petzl Tikka Headlamp	1	2.00	56.70	2 oz	0.1
Miscellaneous	Ziplock Bags	5	1.50	42.52	2 oz	0.0
Miscellaneous	Gerber Knife	1	4.00	113.40	4 oz	0.1
Miscellaneous	Eyeglasses w/ case	1	5.00	141.75	5 oz	0.1
Miscellaneous	Cell phone	1	4.00	113.40	4 oz	0.1
					0 oz	
		<b>Subtotal</b>	<b>40.25</b>	<b>1141.07</b>	<b>2 lb 8 oz</b>	<b>1.1</b>
<b>Consumables</b>						
Water	Per Liter	3	105.81	2999.66	6 lb 10 oz	3.0
Food	In Ounces	20	20.00	566.99	1 lb 4 oz	0.6
Containers	8 oz Flask	1	11.00	311.84	11 oz	0.3
					0 oz	
		<b>Subtotal</b>	<b>136.81</b>	<b>3878.50</b>	<b>8 lb 9 oz</b>	<b>3.9</b>
<b>Weight Summary</b>						
(1) Total Weight Worn or Carried	8 lb 1 oz (3.66 kg)					
(2) Total Base Pack Weight	18 lb 10 oz (8.46 kg)					
(3) Total Weight of Consumables	8 lb 9 oz (3.88 kg)					
(4) Total Initial Pack Weight (2) + (3)	27 lb 3 oz (12.33 kg)					
(5) Full Skin Out Weight (1) + (2) + (3)	35 lb 4 oz (15.99 kg)					



