

Category	Item	Quantity	Weight (oz)	Weight (g)	Weights (pds)	Weight (kg)	
<b>Clothing Worn</b>							
Hats	Nike Dryfit		2.00	56.70			
Clothing - Base Layer - Shirts	Moonstone LS		8.00	226.80			
Clothing - Convertible Hiking Pants	Columbia Silver Ridge		12.00	340.19			
Clothing - Base Layer - Underwear	Patagonia Capilene Lightweight boxerbriefs		2.50	70.87			
Footwear - Socks	Smartwool hiker		2.57	72.86			
Footwear - Hiking Boots	Columbia Frontier Peak midweight hiking boots		45.00	1275.73	2 lb 13 oz	1.3	
			<b>Subtotal</b>	<b>72.07</b>	<b>2043.15</b>	<b>4 lb 8 oz</b>	<b>2.0</b>
<b>Other Items Worn / Carried</b>							
Cameras	Canon powershot A520 with case		10.00	283.50			
First Aide & Survival	Gerber folding knife		3.00	85.05			
Navigation - GPS Units	Garmin Legend		5.00	141.75			
Batteries	Energizer NiMH AA Battery	4	4.08	115.67			
Trekking Poles	Swiss gear (Walmart) poles	2	16.00	453.59	1 lb 0 oz		
Sunglasses	REI polarized + case (.34oz)		0.95	26.93			
Watches	High Gear Aerial		2.43	68.89			
			<b>Subtotal</b>	<b>41.46</b>	<b>1175.37</b>	<b>2 lb 9 oz</b>	<b>1.2</b>
<b>Other Clothing</b>							
Clothing - Base Layer - Shirts	Patagonia Capilene Lightweight shortsleave		4.00	113.40			
Clothing - Insulating - Jackets	Patagonia R2 fleece		14.00	396.89			
Clothing - Raingear - Jackets	Marmot Precip Jacket		12.00	340.19			
Hats	fleece hat (camouflaged)		2.08	58.97			
Hats	Buff		1.23	34.87			
Footwear - Socks	Smartwool hiker	2	5.14	145.72			
Clothing - Raingear - Pants	Marmot Precip Pant		7.00	198.45			
Footwear - Gaitors	Outdoor Research Crocodiles		11.00	311.84			
Gloves	fleece gloves		3.06	86.75			
Footwear - Trail Running Shoes	Salomon TechAmphibian water shoes		22.00	623.69	1 lb 6 oz		
			<b>Subtotal</b>	<b>81.51</b>	<b>2310.77</b>	<b>5 lb 2 oz</b>	<b>2.3</b>
<b>Sleep System</b>							
Shelters - Double Wall Tents	Eureka Apex 2XT	1	92.00	2608.16	5 lb 12 oz	2.6	
Shelters - Footprint	Nylon tarp cut-out		4.00	113.40			
Stakes & Guylines	Kelty Triptease Cord	1	2.00	56.70			
Sleeping Pads - Inflatable	REI Lite Core 1.5	1	27.00	765.44	1 lb 11 oz		
Sleeping Bags - Mummy	North Face 40F bag	1	35.00	992.23	2 lb 3 oz		
Stakes & Guylines	Aluminum hook	4	1.40	39.69			
			<b>Subtotal</b>	<b>161.40</b>	<b>4575.61</b>	<b>10 lb 1 oz</b>	<b>4.6</b>
<b>Packing</b>							
Backpacks - Internal Frame	Osprey Aether 60		56.60	1604.58	3 lb 9 oz	1.6	
Backpacks - Frameless	REI Flash UL		10.00	283.50			
Stuff Sacks	Nylon from NF sleeping bag		1.00	28.35			
			<b>Subtotal</b>	<b>67.60</b>	<b>1916.43</b>	<b>4 lb 4 oz</b>	<b>1.9</b>

**Cooking and Water**

Stoves - Canister	Jetboil Personal Cooking System	14.00	396.89		
Fuel Containers	Snow Peak Giga Power 110g fuel canister (empty)	3.50	99.22		
Water Bottles	Camelbak Unbottle 70 oz.	5.00	141.75		
Water Bottles	Platypus Water Bottle - 2+L	1.00	28.35		
Water Treatment	Katadyn Hiker Pro filter	11.00	311.84		
	<b>Subtotal</b>	<b>34.50</b>	<b>978.06</b>	<b>2 lb 3 oz</b>	

**Other Essentials**

Lights - Headlamps & Flashlights	Petzl Tikka Plus	1.50	42.52		
First Aide & Survival	Gerber folding knife	3.00	85.05		
First Aide & Survival	First Aid Kit (laceration, blister and meds in ziplock)	3.63	102.91		
Sunglasses	REI polarized + case (.34oz)	0.95	26.93		
Toiletries & Personal Care	Dermatone Sun Screen	1.00	28.35		
Toiletries & Personal Care	100% DEET Repackaged in Mini Dropper Bottle	0.50	14.17		
Toiletries & Personal Care	Assorted Toiletries in Ziplock bag	3.00	85.05		
	<b>Subtotal</b>	<b>13.58</b>	<b>384.99</b>		

**Consumables**

Food	1 lb 13 oz (0.81 kg) / day (* - from Menu)	3.5	71.82	2036.10	4 lb 8 oz	2.0
Water	Liter	2	67.62	1916.99	4 lb 4 oz	1.9
Fuel	Snow Peak Giga Power, 110g		3.80	107.73		
	<b>Subtotal</b>	<b>143.24</b>	<b>4060.82</b>	<b>8 lb 15 oz</b>	<b>4.1</b>	

**Weight Summary**

(1) Total Weight Worn or Carried	7 lb 2 oz (3.22 kg)
(2) Total Base Pack Weight	22 lb 7 oz (10.17 kg)
(3) Total Weight of Consumables	8 lb 15 oz (4.06 kg)
(4) Total Initial Pack Weight (2) + (3)	31 lb 6 oz (14.23 kg)
(5) Full Skin Out Weight (1) + (2) + (3)	38 lb 7 oz (17.45 kg)