

Ultra Light Summer in the Sierra, not high elevation

<b>Clothing Worn</b>	Column2	Weight	Ounces
hat with brim	wide-brimmed water-resistant nylon hat	106	4.2
hiking shirt	synthetic long sleeve	354	13.9
underwear	trim-fitting support shorts, boxer-style	72	2.8
hiking pants	soft shell stretchwoven long pants	376	14.8
hiking socks	lightweight merino wool trail running socks	42	1.7
hiking shoes	breathable synthetic trail running shoes	550	21.7
Trekking poles			
<b>Other Items Worn / Carried</b>			
trekking poles			
watch	compass / altimeter watch		
<b>Other Clothing</b>			
wind shirt	Golite Wisp breathable pullover-style wind shirt	80	2.8
Tee shirt	Smartwool short sleeve	185	7.3
hiking socks	lightweight merino wool trail running socks	42	1.5
Shorts	NorthFace running shorts 150	150	5.3
Underware	N/A	72	2.5
Handkerchief		14	0.5
Towel	Blue synthetic	90	3.2
rain jacket	North Face Diad waterproof breathable	180	6.3
rain pants	Golite Reed Pants waterproof brathable 170	170	6.0
<b>Sleep System</b>			
overhead shelter	Catenary tarp Oware Cattarp 3.0	375	13.2
tent stakes	titanium skewer style 8x	94	3.3
ground sheet	Gossamer Gear Polycryo Ground Cloth	42	1.5
sleeping bag	Mont Bell down hugger #5	456	16.1
sleeping pad	torso sized inflatable mattress	380	13.4
<b>Packing</b>			
backpack	Gossarmer Gear Mariposa Plus	530	18.7
pack cover	golite	106	3.7
stuff sack	500 ci for sleeping gear	24	0.8
<b>Cooking and Water</b>			
stove	Vargo Triad Titanium Stove	28	1.0
fuel container	Platypus bottle 0.5 liter	20	0.7
cooking pot	Heiny Pot	35	1.2
pot holder/lifter	Aluminum	22	0.8
wind screen	foil	48	1.7
Cup	Sierra cup titanium	50	1.8
Cozy	Aluminized bubble wrap	33	1.2
utensil	titanium spork	16	0.6
lighting	matches & lighter	22	0.8
water bottles	Platypus Big Zip II 2L soft side bladder	120	4.2
water bottles	Platypus 2L storage	30	1.1
water treatment	SteriPen Adventurer	96	3.4
food storage	bear rope	55	1.9
<b>Other Essentials</b>			
maps	custom printed on waterproof paper	15	0.5
Compass		52	1.8
Knife	small pocket knife	58	2.0
Light	LED - Photon Light with clip	10	0.4
first aid	minor wound care & meds	120	4.2
firestarting	emergency firestarting - waterproof	22	0.8
sunscreen	100% UV blocking, waterproof, paste	50	1.8
insect repellent	100% DEET	40	1.4
personal hygiene	assorted toiletries & TP	70	2.5
<b>Consumables</b>			
fuel			0.0
food			0.0
water			0.0
Total carried grams / pounds		4002	8.9