# Eagle Rock Loop

October 2009

1 night/2 days, 26 miles

Weather

No cook meals

| Weight Summary | Wt. (kg) | Wt. (lb) |
|---|---|---|
| (1) Worn Base Weight | 1.18 | 2.60 |
| (2) Packed Base Weight | 0.97 | 2.14 |
| (3) Consumables Weight | 2.30 | 5.07 |
| Total Base Weight (1+2) | 2.15 | 4.74 |
| Total Pack Weight (2+3) | 3.27 | 7.21 |
| Skin-Out Weight (1+2+3) | 4.45 | 9.81 |

| Category | Item | Description | Wt. (g) | Wt. (oz) |
|---|---|---|---|---|
| 1.pack-shelter-sleeping | Backpack | Zpacks zilch | 80 | 2.80 |
| 1.pack-shelter-sleeping | Backpack liner | Oven bag | 8 | 0.28 |
| 1.pack-shelter-sleeping | Shelter | Integral designs silponcho | 224 | 7.84 |
| 1.pack-shelter-sleeping | Shelter groundcloth | Polycro | 29 | 1.02 |
| 1.pack-shelter-sleeping | Shelter stakes, cord | Stakes (5), cord, stuff sack | 34 | 1.19 |
| 1.pack-shelter-sleeping | Sleeping bag | RAB top bag, stuff sack | 448 | 15.68 |
| 1.pack-shelter-sleeping | Sleeping pad | GG thinlight 3/8" | 57 | 2.00 |
| 2.packed clothing | Insulated hat | Buff | 18 | 0.63 |
| 3.worn items | Eyewear | Silhouette titan minimal art | 7 | 0.25 |
| 3.worn items | Gloves | Liner | 38 | 1.33 |
| 3.worn items | Hat | REI | 53 | 1.86 |
| 3.worn items | Pants | Montane featherlite | 90 | 3.15 |
| 3.worn items | Shirt | Montane featherlite | 92 | 3.22 |
| 3.worn items | Shoes | Asics gel enduro 4 | 680 | 23.80 |
| 3.worn items | Socks | Liner | 23 | 0.81 |
| 3.worn items | Trekking poles | GG lighttrek 3 | 163 | 5.71 |
| 3.worn items | Underwear | Underwear | 33 | 1.16 |
| 4.cooking-water | Spoon | Plastic | 4 | 0.14 |
| 4.cooking-water | Water container | Platypus 1 liter | 18 | 0.63 |
| 4.cooking-water | Water treatment | Katadyn micropur mp1 (6) | 4 | 0.14 |
| 5.miscellaneous | Facial wipes | Facial wipes | 1 | 0.04 |
| 5.miscellaneous | Fire kit | Fire kit | 5 | 0.18 |
| 5.miscellaneous | Lanyard | For miscellaneous items | 1 | 0.04 |
| 5.miscellaneous | Lighting | Photon | 7 | 0.25 |
| 5.miscellaneous | Map | Map | 7 | 0.25 |
| 5.miscellaneous | Medical kit | Medical kit | 15 | 0.53 |
| 5.miscellaneous | Toilet paper | Shop towels | 6 | 0.21 |
| 5.miscellaneous | Whistle | ACR emergency whistle | 6 | 0.21 |
| 6.consumables | Food | 2 days | 1,400 | 49.00 |
| 6.consumables | Water | 1 liters | 900 | 31.50 |