

Colorado Trail, Summer '09
 Nineteen ≈ Twenty-Five Mile Days
 Three Resupplies

Items Worn/Carried	2.81 lb
Base Pack	5.03 lb
Consumables	8.11 lb
Total Pack	13.14 lb
Total Skin Out	18.16 lb

Clothing Worn/Items Carried		44.98 oz	2.81 lb
Inov-8 Roclite 315 Trail Runners	18 1/2		
Smartwool Adrenaline Mini Crew Socks	1 5/8		
EMS Convertible Pants	13		
GoLite DRIMOVE S/S Top	3 5/7		
Gossamer Gear Trek Poles, Duct Tape	5 1/5		
Smith Polarized Sunglasses	3/4		
Highgear Altimeter/Compass Watch	2 1/5		
Packing		13.60 oz	0.85 lb
ULA Aamp	10 3/5		
BPL Bear Bag/OP Sack	3		
Sleeping/Shelter		24.46 oz	1.53 lb
Nunatak Arc Edge	10		
BPL Nano 0 6x8 Tarp	2 8/9		
Vargo TI Tent Stakes*8	2 1/6		
BPL Air Core PRO Guyline/Tensioners	8/9		
BPL Oware Drawcord Bivy	5 1/2		
Gossamer Gear NightLight Torso Pad	3		
Extra Clothing		25.40 oz	1.59 lb
Smartwool Adrenaline Mini Crew Socks	1 5/8		
Montbell Wind Parka	3 2/7		
Marmot Essence Rain Shell	6 1/2		
Nunatak Skaha Plus Down Sweater	8 1/2		
Possum Down Gloves	1 1/9		
MLD eVENT Rain Mitts	7/8		
GoLite Wind Pants	3 1/2		
Kitchen		2.80 oz	0.18 lb
MBD Elite #2 Stove, Wind Screen	2/5		
Snowpeak Bowl, 3 Cup Caldera Lid	1 3/5		
Rum Runner Fuel Flask	2/5		
BPL Long Handle TI Spoon	2/5		
Hydration		1.60 oz	0.10 lb
PET soda bottle, 2*1L	1 3/5		
Toiletries/First Aid		3.24 oz	0.20 lb
Gauze, Percoset, Ibuprofen, Moleskin, Vet Tape, Blade, Needle, TP, TinderQuick Tabs (2), REI Windproof Matches, Travel Toothbrush, Dr. Bronners, Dental Floss, Dermatone, Aqua Mira, Ziplock	3 1/4		
Navigation		1.00 oz	0.06 lb
Printed Maps/Condensed Guidebook Pages, Waterproof Paper	1		
Other Essentials		8.31 oz	0.52 lb
ID/CC/Cash/Calling Card	1/2		
ACR Whistle	1/8		
Photon Light	2/7		
SPOT Locator GPS Beacon	7 2/5		
Consumables, 5 days at a time		129.80 oz	8.11 lb
Food - 1.46 lbs a day	93 4/9		
Alcohol - .5 oz a day, Extra	3		
Water, Avg Carried	33 1/3		

